



**Barb Hartwick, Dip. TR
Rehabilitation Therapist**

Experience:

2008 - Present	Rehabilitation Therapist, Brainworks, "Near North" Region
1995 - 2006	Owner, Heartworks Studio, Huntsville
2005	Founder, Instructor, Sewing Education Program, Nicaragua
1988 - 2001	Lifeguard, Examiner, Swimming Instructor, Town of Huntsville
1980 - 1986	Director of Sports and Recreation, Hidden Valley Resort Hotel, Huntsville
1975 - 1981	Waterfront Program Director, Camp Widjiitiwin, Huntsville
1978 - 1980	Recreational Therapist, Alberta Department of Social Services, Calgary, AB

Education:

1978 - 1980	Therapeutic Recreation Diploma, Mount Royal College, Calgary, AB
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Professional Highlights:

- Over twenty years of experience in recreation leadership, including programming and instruction
- Experience helping others with individualized goal setting and implementing follow-through
- Two years of experience in a group home for youths with significant challenges
- Ability to establish and maintain effective relationships with clients of all ages and professional team members
- Development of therapy tools used in rehabilitation (videos; stories, story)

characters)

- Experience teaching a variety of courses to individuals and groups
- Recreation program design and facilitation; recreation administration; fitness program development and instruction for people of all ages in fitness, aquatics and racquet sports
- Development of a successful sewing education program for youths between 7 and 16 years of age, which enabled free expression in a non-competitive environment
- Management of a swim program and water emergency procedures, as well as camp scheduling and administration
- Understanding of accounting and budgeting procedures, including long-range financial planning and reporting
- Lifesaving, first-aid, CPR and swimming instruction to patrons of all ages
- In-service lifeguard training
- Experience in theatre production and design
- Twelve years of experience in small business startup and development
- Effective communication skills in small or large group settings
- Resourceful and creative problem solving
- Ability to meet all deadlines with special attention to detail
- Experience running efficient and effective meetings
- Ability to work well under pressure, multi-tasking where necessary
- Practical judgment capabilities and decision-making skills
- Proven leadership abilities
- Cheerful and helpful by nature, encouraging others

Professional Development:

- 2017 **An Interactive Exploration and Implementation of Muse: The Brain-Sensing Headband Webinar, Laura Sniderman, Muse**
- 2016 **Brainworks Clinical Staff Training Day, Brainworks, Huntsville, ON**
- **eRehabilitation A Platform to Expand the Rehabilitation Toolkit - Dennis Radman**
 - **Innovations, Inroads and Ingenuity: A cooperative and communicative approach to establishing client centred rehabilitation therapy strategies**
 - **Using SMART Goals to Optimize Community based Rehabilitation Therapy - Barb Hartwick**
 - **Being a creative and effective rehabilitation therapist in a rural community: Bringing together seasons, geography and community facilities, exploring how this impacts the delivery of rehabilitation services - Barb Hartwick**
 - **Managing Post Traumatic Fatigue and Empowering Clients to Self-**

- Identify as a Brain Injury Survivor - Alexa Morden
- **Addressing Sleep Disturbances in Community Based Rehabilitation** - Dennis Radman

2016

**Practical Strategies - Paediatric Traumatic Brain Injury:
Protecting Our Kids, PIA Law**

- **Substance Abuse and Traumatic Brain Injury** by Dr. Michael D. Cusimano - University of Toronto, Neurosurgery
- **Exploring the Kings Outcome Scale (KOSCHI) for Children Attending Rehab and Long Term Outcomes for Paediatric TBI** by Dr. Peter Rumney - Assistant Professor, Department of Paediatrics, University of Toronto, Senior Physician Director, Rehabilitation & Complex Continuing Care, Bloorview Kids Rehab.
- **Collaborative Solutions for School Re-Integration Following Paediatric Traumatic Brain Injury** by Mary Anderson - Case Manager, KIDS Community Health Services, Christine Kalkanis - Treatment Provider, Post Traumatic Rehabilitation Services, Sara Diederichs, Community Resource Teacher-Secondary, Bloorview School Authority
- **The New SABS: Law and Strategies Relating to Paediatric Traumatic Brain Injury** by Troy Lehman - Partner, Oatley Vigmond, Robert Ben- Partner, Thomson Rogers
- **Paediatric Life Care Planning** by Dr. Jacob Neufeld- Medical Director of Paediatric Rehabilitation, St. Luke's Children's Hospital (Boise, Idaho, USA)
- **From the Hospital to the Community: Discharge Planning Issues** by Kathy Gravel - Social Worker, Holland Bloorview, Cindy Ruelens - Social Worker, Holland Bloorview, Sarah Warren - Clinical Social Worker, The Social Work Consulting Group
- **Concussions and Return to Play: Protecting our Young People** by Dr. Charles Tator - Professor, Department of Surgery, University of Toronto

2014

Dollars and Sense, Jeffery R. Lewis, Bob LaBrecque, Riley Prossler, 5th Annual Brainworks Breakfast Seminar, London, ON

2014

Post-Traumatic Stress Disorder, Dr. Jacqueline McKinnon, Brainworks Breakfast Seminar

2014

ACRM Cognitive Rehabilitation Guidelines, Alexa Morden, Brainworks Breakfast Seminar

2014

Cogmed, Deb Crunincan and Lani Saarkoppel, Brainworks Breakfast Seminar

2013

What's Hope Got To Do With It? Dr. Sarah Vernon-Scott, Barb Hartwick, Chris Papastamos, 4th Annual Brainworks Breakfast Seminar, London, ON

- 2013 **2013 ABI Provincial Conference: Inspiring Hope, Enhancing Lives after Brain Injury, Niagara Falls, ON:**
- **Keynote Presentations:**
 - **Coping Strategies after Brain Injury** by Dr. Donald Stuss
 - **Empathy, Energy & Balance for Professionals and Family Caregivers** by Janet Cromer, R.N.
 - **The Brain as a Social Organ: How This Might Be Impacted Following a Brain Injury** by Dr. Louis J. Cozolino
 - **Communicating with Patients in a Persistent Vegetative State** by Dr. Adrian Owen
 - **Choosing Hope in Brain Injury Rehabilitation**, co-presenter with Arden McGregor
 - **Incorporating Participation Based Rehabilitation into Everyday Practice: Walking the Walk**
 - **Restoring Intimacy and Sexuality after Brain Injury**
 - **The Road to JTF NIJMEGEN 2012: The Soldier on Team Pilot Project**
- 2013 **Brain Injury Association of Canada 10th Annual Conference, Kingston, ON**
- 2013 **Cogmed Coach Training, Pearson Canada**
- 2012 **Accessibility Standards for Customer Service Training, Gary Davies, Brainworkshop Series, Brainworks, London, ON**
- 2012 **Health and Safety for the Rehab Professional, Becky Rae, Brainworkshop Series, Brainworks, London**
- 2012 **Brain Injury: A Family Perspective, Chris Papastamos, Brainworkshop Series, Brainworks, London, ON**
- 2011 **Understanding and Resolving Cultural Barriers: Rehabilitation Within Arabic Speaking Communities, Faisal Joseph, Dr. Nidaa Khalil, and Abe Ibrahim, Brainworks Breakfast Seminar, London, ON**
- 2011 **Funding Options for Injured Clients, Bob LeBrecque, BridgePoint Financial, Brainworks Breakfast Seminar, London**
- 2011 **How to Succeed as a Rehabilitation Professional in Challenging Times, Steve Wilpstra, Brainworks Breakfast Seminar, London**
- 2011 **AODA Legislation Impact on Rehabilitation Service Delivery, Gary Davies, Brainworks Breakfast Seminar, London**
- 2011 **eRehabilitation: An Emergent Tool in Rehab Service Delivery,**

- Arden McGregor, Brainworks Breakfast Seminar, London
- 2011 **Rehabilitation Best Practices: Administrative Details are a Part of Client Care**, Lynne Gerrys, Brainworks Breakfast Seminar, London
- 2011 **How to Best Serve Clients via our Documentation**, Lani Saarkoppel, Brainworks Breakfast Seminar, London
- 2011 **Changes to the Auto Insurance Scheme**, Oatley Vigmond, Barrie, ON
- 2011 **CBIS Certification: Becoming a Brain Injury Specialist**, Dennis Radman, Brainworks Breakfast Seminar, London
- 2010 **Sleep As a Goal of Rehabilitation Rather Than a Barrier**, Dr. Jennifer Barr, London Health Sciences Centre, Brainworks Sleep Seminar, London
- 2010 **Cognitive-Behavioural Therapy for Sleep Disturbance in Clients with Brain Injury**, Tami Nestor and Dr. Sarah Vernon-Scott, Brainworks Sleep Seminar
- 2010 **Communication for the Rehabilitation Professional**, Chris Papastamos, Brainworks Sleep Seminar
- 2009 **Easing Chronic Pain: Medical, Legal and Psychological Perspectives**, Dr. Dwight Moulin, University of Western Ontario, Mr. Jim Mays, Siskinds LLP, and Ms. Arden McGregor, Brainworks Pain Seminar, London
- 2009 **Resiliency for the Rehabilitation Professional**, Human Solutions, Brainworks Pain Seminar
- 2009 **Implementing Healthy Habits: Being Your Own Case Manager**, Tami Nestor, Brainworks Pain Seminar
- 2009 **Documentation and Report Writing for the Rehabilitation Professional**, Dennis Radman, Brainworks Pain Seminar
- NCCP Level One Coaching (technical and theory), Level Two (theory)**
- Lifesaving Society and Red Cross Instructor/Examiner**

CPR and Standard First Aid

Community Involvement:

- Mentor in the Huntsville Youth Entrepreneur Program
- Director of Drama and Creative Writing: writing and directing 3-4 large musical and dramatic productions per year in a large, active church community
- Volunteering two weeks per year in Nicaragua with a team of workers in a nutrition program for children; providing recreation and ministry for children and health and family education for women
- Created a sustainable stand-alone sewing co-op program for women in Swaziland
- Lifesaving Society Area Chair for Muskoka/Parry Sound
- Assistance with local sporting events, triathlons and swim meets
- Awarded the Royal Lifesaving Society of Canada Service Cross by the Lieutenant Governor of Ontario in 2001 and 2005